

The college



JANUARY



ГУМАНИТАРИАН

Today we will tell about
How to spend a weekend with
your dog? • Christmas colours •
Around the world • Sport •
The most popular names

Hello, everyone and let us welcome *the new year* full of things that have never been! And let this year be about not finding yourself but about *creating yourself!*

The origin of the word January on page seven!

How to spend a weekend with your dog?

Each owner of a creature with shaggy tail should spend as much time as possible with his beloved pet. This not only allows you to organize leisure, but also strengthens the bond between the owner and the dog.

There are dozens of places in the city where you can have a great time with your four-legged friend. In order to get out with a pet, say, to a restaurant or just for a walk in the city, you do not need a special occasion, a good mood is enough.

However, it is worth remembering about the laws, because in a city in public places a dog should be walked in a muzzle and on a leash of 40 centimeters. For violation an owner can be fined with 1,500-2,000 rubles. With the necessary accessories the entire city and surroundings are at your disposal.

Many admirers of dogs have repeatedly encountered the fact that animals are not allowed in cafes and restaurants. However, there are establishments that will be happy to see you, and not only with Yorkies or toy terriers.

In some restaurants you will be welcomed even with a big dog. You can stay both in the hall and on the terrace.

Despite the fact that many restaurants are ready to open their doors to guests with four-legged friends, it is worth considering whether your pet will be comfortable in the establishment. Any dog would prefer a walk on the street indoors. So if you really want to have lunch in a restaurant, it would be better to sit on the terrace.

When going to a public place, remember that the responsibility for the behavior of the pet lies entirely on you. If a four-legged friend does not obey you or is simply not mannered, it is better to limit yourself to a walk in the park. At the same time, you should refuse to visit cafes and restaurants in rainy weather or during molting of an animal. Do not forget that in public places chairs and tables are designed for people, regardless of what your friend is used to at home.

Pet owners know how difficult it is to build livestock on vacation. There is a more pleasant option - take your pet with you.

Today it's not at all difficult to find a hotel, a boarding house or a recreation center where pets are welcomed. Most large hotels can be visited, by prior arrangement, with cats or small dogs, owners of large service or fighting breeds will have to spend a little more time looking for a suitable hotel or settle in a separate cottage where a large dog will not disturb or scare neighbors.

Have a nice walk!

Tatiana Musaeva



Why do red and green colours prevail in Christmas pictures, paintings, decorations?

Each grand holiday has its own colors. Halloween is black and orange. Valentine’s Day - red and pink. Every year on Christmas, red and green colors fill the world. We are used to these colours and decorate our homes with them. The combination of green and red is a great, but how did they become the official colors of Christmas?

Let’s start with their concepts. The green color is saturated, fresh, delicate, pacifying, vibrant. It calms and symbolizes peace, love, stability, salvation and prosperity. By its properties, green is neutral. Red color is one of the most attractive to humans. Red symbolizes joy, beauty, love and the fullness of life.

But where did this color combination come from?

This story has its origin in the distant past. The ancient Celtic peoples revered the green leaves and red fruits of the «holly». They believed that these plants retain their beauty on earth in the dead of winter. Therefore, the holly adorned their homes, because they brought protection and good luck.



The tradition of pairing red and green flowers at the main winter holiday continued in the XIV century, when these colors were used to paint medieval screens, partitions installed in churches to separate the parishioners from the priest and the altar. Perhaps this physical border could have affected Victorians, who tied colors to another border, marking the end of the old year and the beginning of a new one.

Haddon Sandblom, an American artist, further supported this idea. Coca-Cola hired him to draw Santa Claus to advertise the company. Sandblom decided to make him fat and funny, dressed in red clothes. This creative decision made fundamental changes to the holiday as a whole. Of course, the popularity of advertising was growing, and people fell in love with Santa from Sandblom. This image was reinforced in our collective imagination: the red color of Santa’s robe with greens of fir and holly and poinsettia, which were already in our minds. These are the symbols of life: the color of the evergreen spruce and the color of the flame in the hearth.

The story of how red and green began to symbolize Christmas is in many ways similar to the holiday itself: it is rooted in religious traditions and continues today with spirits of joy and good mood.

Kseniya Votnova

Around the world: the most popular tourist destination in January

This article will focus on the most popular tourist destination in January 2020. Among Russian tourists there are many people who go on vacation for the January holidays. Great vacation, mainly Asian destinations or exotic countries. Let us consider frequently visited vacation spots and highlight the most popular among tourists.

In 2020, from 55 to 171 thousand rubles are going to be spent. A trip to the white sandy beach, visiting captivating excursions. If a tourist can afford to relax for more than 150,000 rubles, then the Dominican Republic, Cuba and Mexico are suitable for recreation or the United Arab Emirates. If you like, choose the Canary Islands. For lovers of boiling hot weather, India is suitable.

Thailand is recognized as the most popular holiday destination in January 2020. In addition to the ideal air temperature, it should be up to 29-30 degrees. Thailand's New Year holidays is a peak season and beaches are full of tourists.

There are a number of advantages to visiting Thailand, namely visa-free travel (if the duration of the trip does not last more than 15 days); ideal weather conditions for a beach holiday; developed infrastructure of resorts; a large and interesting excursion program (not in all regions); Chang Mai Umbrella Festival, Pattaya Night Market and more. As for the disadvantages so they are: many tourists, the cost of tours is overpriced, unusual and not always tasty local cuisine; long flight; the language barrier; acclimatization.

At the same time, we have many aspirations to get to the umbrella festival, which takes place in Chang Mai. Colorful and vibrant selfies are guaranteed to every tourist. You can also visit the night market and sample local specialties. Huge metal discs, which are installed by braziers, are exhibited right on the street.

Traveling in Thailand is very easy. The hotel service is developed to perfection. In Thailand, climatic conditions vary. On the islands there are the most favorable weather conditions. Air temperature: from +28 to +32 degrees. Water temperature: from +26 to +29 degrees.

All you need is to visit the entertainment program and choose a decent hotel then you will find yourself to be the mostly satisfied with the winter vocation.

In January 2020, the most popular destination was Thailand. Especially nice and comfortable weather, for a great stay.

Would you fly to Thailand or would you prefer another place to stay?

Kseniya Vikulova



Sport: sport clothes, what to choose

Sport is one of the contributing components of our health. And for this component to be effective, you need to use it correctly. In addition to the correct technique for performing the exercise, you need to pay attention to your sportswear. It is one of the important elements of a healthy sport. Anyone who regularly plays sports will tell you that choosing clothes for sports is one of the important points. It depends on its comfort during training, which in turn affects the quality of exercise.

There are several basic criteria for choosing sportswear:

1. Comfort - Watch that during training the fabric did not rub anywhere. That is why it is important to choose materials that will not impede freedom of movement.

2. Durability - If you exercise regularly, your things must withstand a monstrous amount of washing. Clothing should not stretch and fade.

3. Aesthetic appearance - Properly selected clothing style will help you feel

more confident than it will be shapeless. Keep track of the latest fashion trends.

4. Correspondence to the type of activity.

Here are some more rules for choosing clothes:

☑ Select clothes from breathable elastic materials. Do not wear clothes that do not allow air to pass through.

☑ Select clothes of your size. Tight clothing is a constant discomfort and grated skin. And the danger is that the thing will tear in the middle of a workout. Also do not wear models that are too loose. The wide edges of t-shirts will cling to everything and interfere with the process.

After all the above rules and tips, think about whether you have chosen the right sportswear. Approach your choice wisely, study different sports brands, read the characteristics and reviews about clothes. Be a little more diligent and careful, because the effectiveness of your training will depend on your purchase.

Daria Bermes



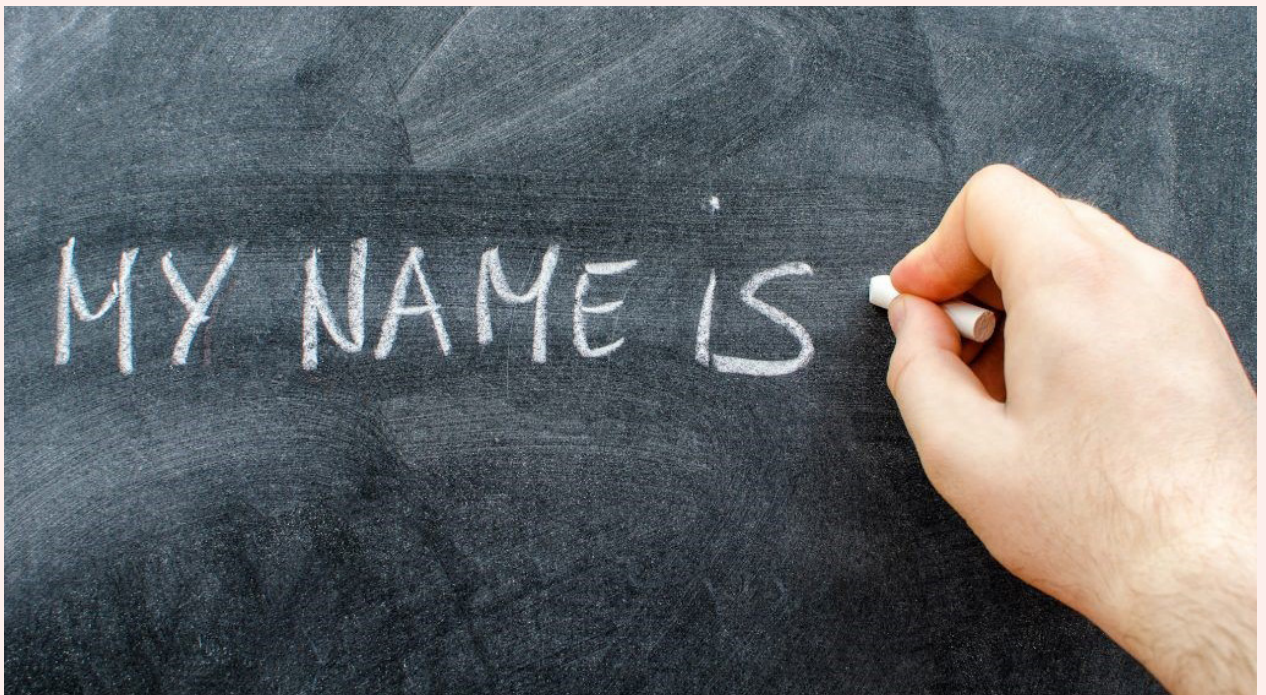
The most popular names in the medieval Britain and Russia that survived these days

In the Middle Ages, the question of how to name a child was approached with particular seriousness: it was believed that each name has its own magical properties, and therefore it is important to take them into account. As a rule, all medieval names were obtained by merging the two foundations and had an exceptionally positive meaning (Hildegardis - "struggle and defense"). It was possible to add any words, and therefore there were a great many derivatives and to meet in the Middle Ages a man who would also be called, like you, was considered a rarity. The names of the child's parents could be used as components of the name of the foundations. So from Gertrude and Gardbald was born Herbald.

Blake, Dustin, John, Lindsay, Wayne, Evan, Andy are old female names. Allan, Baz, Benton, Bill, Brandon, Vernon, Harry, Derick, Jerry, George, Kevin, Christian, Stevie - ancient male names.

The influence of the Norman conquest on anthroponymy was also manifested in the acceleration of the tendency for nicknames to transfer to last names. The third consequence of the Norman conquest was the concentration of the nameday: the 5 most popular names already accounted for over 60% of all marked male personal names.

First widespread among the aristocracy and then among the broader peasant masses were such names brought by the Normans as William, Richard, Robert, Hugh, Ralph, etc. At the same time as the Norman conquest, the power of the church was strengthened, which by the middle of the 15th century was so strong that it was able to demand from believers the names of only canonized saints. The biblical names John, Peter, James, Michael, Philip, Simon, Luke, Mark - for boys and Mary, Joan, Agnes, Catherine, Margaret, Ann (e) - for girls are becoming common.



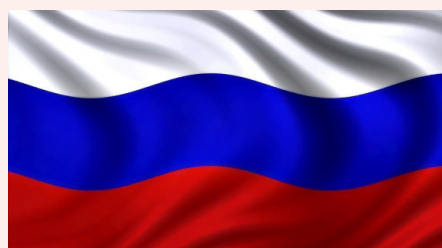
 To Be Continued 

The most popular names in the medieval Britain and Russia that survived these days

Female nameday in the XII century was very diverse; in addition to biblical personal names and the names of saints, it also used exotic, unusual for the ancient English names: Hodierna, Italia, Melodia, Antigone, Cassandra, Norma, Splendor and others. Here are a few more examples of names popular during this period: David, Thomas, Nicholas, Gilbert, Martin, Maurice, Adam, Stephen, Eleanor, Isabel, Matilda, Margaret.

Such names as Adam, Eve, Noah, Sarah, Joseph, Daniel, Sampson, David, Susanna, Judith, Anna, Baptist, John, James, Peter, Simon, Matthew, Thomas came to the English nickname from the mysteries. Today, names such as: William, Richard, Robert, John, Peter, James, Michael, Philip, Stephen, Eleanor, Isabel, Matilda, Margaret.

Usually the names of the great conquerors, rulers, kings and princes belonged to princely names. Also here could be attributed the names of revered saints. Often there were such names as Oleg, Peter, Konstantin, Yaroslav, Mstislav, Dmitry, Fedor. Girls in noble families often bore such names as Sophia, Daria, Olga, Anna, Natasha and Elizabeth.



It was impossible to speak of an equal right to give names for nobles and peasants or the lower layers of society. It is impermissible to name a peasant daughter or son by a noble name. Therefore, among the lower strata of the population, only the names of the less revered saints were permissible. Such as Bogdan, Arkhip, Nicodemus, Ivan, Savely, Kuzma. The girls were called Euphrosyne, Matrena, Tatyana, Anfisa or Thekla.

Anna Galimova

The origin of the word January.

late 13c., Ieneuer (early 12c. in Anglo-French), from Old North French Genever, Old French Jenvier (Modern French Janvier), from Latin Ianuarius (mensis) «(the month) of Janus» (q.v.), to whom the month was sacred as the beginning of the year according

to later Roman reckoning (cognates: Italian Gennaio, Provençal Genovier, Spanish Enero, Portuguese Janeiro). The form was gradually Latinized by c. 1400. Replaced Old English geola se æfterra «Later Yule». In Chaucer, a type-name for an old man.

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thank u